

NOTICE OF PRIVACY PRACTICES

Attune Somatic Psychotherapy & Trauma Recovery LLC
Jennifer Murphy, LCSW #17162, CADC II #16-R-01
Bend, Oregon

Effective Date: September 9, 2026

Your Information. Your Rights. Our Responsibilities.

This notice describes how health and medical information about you may be used and disclosed and how you can access this information. Please review it carefully.

Your Rights

You have certain rights regarding your health information.

Get a copy of your health record

You may ask to see or receive an electronic or paper copy of your health record and other health information maintained about you.

We will generally provide a copy or summary of your health information within the timeframe required by law. A reasonable, cost-based fee may apply when permitted by law.

Ask us to correct your health record

You may ask us to correct health information about you that you believe is incorrect or incomplete.

We may deny certain requests when permitted by law. If we do, we will explain the reason in writing as required by law.

Request confidential communications

You may ask us to contact you in a particular way, such as by telephone, email, or mail, or to send communications to a different address.

We will accommodate reasonable requests.

Ask us to limit what we use or share

You may ask us not to use or share certain health information for treatment, payment, or healthcare operations. We are not always required to agree to your request.

If you pay for a service entirely out of pocket, you may ask us not to disclose information about that service to your health insurer for payment or healthcare operations. We will honor that request unless disclosure is required by law.

Receive an accounting of disclosures

You may request information about certain disclosures of your health information made during the six years before your request.

Certain disclosures, including many made for treatment, payment, and healthcare operations, are not included in an accounting.

Get a copy of this notice

You may request a paper copy of this Notice of Privacy Practices at any time, even if you previously agreed to receive it electronically.

Choose someone to act for you

If another person has legal authority to act on your behalf, such as a legal guardian or someone holding an applicable healthcare power of attorney, that person may exercise your rights concerning your health information.

We will verify that person's authority before taking action.

File a complaint

If you believe your privacy rights have been violated, you may contact Attune using the information at the end of this Notice.

You may also file a complaint with the **U.S. Department of Health and Human Services, Office for Civil Rights**.

Attune will not retaliate against you for filing a privacy complaint.

Your Choices

For certain health information, you may tell us your preferences about what we share.

Where permitted by law, this may include sharing information with family members, close friends, or other people involved in your care or payment for your care, as well as sharing information in certain emergency or disaster-relief situations.

If you cannot communicate your preference, we may make certain disclosures when legally permitted and when we believe doing so is in your best interest or is necessary to prevent or lessen a serious and imminent threat to health or safety.

Written Permission

We generally will not use or disclose your information for the following purposes without your written authorization when authorization is required by law:

- Marketing
- Sale of your health information
- Most uses or disclosures of psychotherapy notes

Attune does not sell your health information.

If you authorize us in writing to use or disclose your information, you may revoke that authorization in writing as permitted by law.

How We May Use and Disclose Your Health Information

Treatment

We may use your health information and share it with other healthcare professionals involved in your treatment when permitted by law.

Healthcare Operations

We may use and disclose health information as necessary to operate the practice, manage your treatment and services, improve care, and meet professional and legal obligations.

Payment

We may use or disclose health information as necessary to bill for services or obtain payment from health plans or other responsible parties when applicable.

Other Uses and Disclosures

Federal and state law may permit or require us to use or disclose health information for other purposes. Depending upon the circumstances, these may include:

- Preventing or reducing a serious threat to health or safety
- Reporting suspected abuse or neglect when required or permitted by law
- Public-health activities
- Health-oversight activities
- Workers' compensation matters
- Certain law-enforcement or governmental purposes
- Compliance with federal or state law
- Certain judicial or administrative proceedings
- Research when applicable legal requirements have been satisfied
- Certain matters involving a coroner, medical examiner, or funeral director

These disclosures will be made only as permitted or required by applicable federal and Oregon law.

Mental Health and Psychotherapy Information

Mental-health information and psychotherapy records may receive additional protection under federal or Oregon law.

Attune will follow applicable laws that provide greater privacy protections or impose greater restrictions on disclosure than HIPAA.

Psychotherapy notes, when maintained separately and meeting the legal definition of psychotherapy notes, receive additional protection and generally require your written authorization for disclosure except where otherwise permitted or required by law.

Substance Use Disorder Records

Federal law provides additional protections for certain substance use disorder patient records.

To the extent Attune creates, receives, or maintains substance use disorder patient records that are subject to **42 CFR Part 2**, those records will be handled in accordance with applicable federal requirements.

Information contained in Part 2 records generally may not be used or disclosed in civil, criminal, administrative, or legislative investigations or proceedings against a patient without the patient's written consent or an applicable court order and subpoena, as required by federal law.

Our Responsibilities

Attune Somatic Psychotherapy & Trauma Recovery LLC is required to:

- Maintain the privacy and security of your protected health information.
- Follow applicable federal and state privacy laws.
- Follow the duties and privacy practices described in the Notice currently in effect.
- Provide you with a copy of this Notice.
- Notify you as required by law if a breach occurs that may have compromised the privacy or security of your protected health information.

We will not use or disclose your health information other than as described in this Notice or otherwise permitted or required by law unless you provide written authorization.

If you provide authorization, you may revoke it in writing as permitted by law.

Changes to This Notice

Attune may change the terms of this Notice and make the revised Notice applicable to health information already maintained as well as information received in the future.

The current Notice will be available upon request and on Attune's website.

Privacy Contact

For questions about this Notice, your privacy rights, or Attune's privacy practices, please contact:

Jennifer Murphy, LCSW #17162, CADC II #16-R-01

Privacy Contact

Attune Somatic Psychotherapy & Trauma Recovery LLC

Bend, Oregon

Phone: 541-725-5944

Email: attunesomatictherapy@protonmail.com